

# INTENSIVE THERAPY PROGRAM

## Frequently asked questions

### **What age ranges are most appropriate for the Intensive Therapy Program?**

There is no specific age range requirement for our Intensive Therapy Program. For changes in the brain to occur, the earlier the better! Some children under the age of 3, however, may benefit more from alternatives to a true intensive program. Our team of skilled therapists will review your child's application and work with you to develop the most appropriate and effective treatment plan based on your child's age, needs, and tolerance.

### **What if my child demonstrates low tolerance to therapy?**

Research supports that children of all cognitive, neurological, and tolerance levels can benefit from an intensive therapy model. We will work with your child to ensure that they can tolerate the level of activity expected of them.

### **What if my child has a visual impairment, hip subluxation, or seizures?**

Children with affected vision are not excluded from the Intensive Therapy Program; Therapists use a variety of treatment strategies and sensory systems to help children understand where their body is in space and how to move it functionally, regardless of visual abilities.

A history of hip subluxation does not prevent participation in intensive services. Your team of therapists will need detailed information in the application and during the intake evaluation to understand your child's ability to actively control his or her hips and for management of subluxations.

A seizure disorder does not prevent participation in intensive services. Seizures should, however, be largely managed and/or controlled for optimal participation in and benefit from this particular program.

### **What if my child has a g-tube, ostomy bag, tracheostomy, or other medical lines?**

Medical lines will not prevent your child from participation in intensive services. For the safety of your child, please provide your team of therapists with detailed information on all medical lines to ensure appropriate precautions are taken during therapy.

### **What are the contraindications for the J.D. McCarty Center Intensive Therapy Program?**

There are no true contraindications for our intensive therapy program. We do acknowledge that we cannot cover the full list of potential diagnoses in this FAQ sheet, therefore, all diagnoses will be taken into consideration on a case-by-case basis. We do recommend that if your child has a seizure disorder that is not well managed or controlled that intensive therapy be deferred until a later time for the safety of your child.

### **How do I apply for my child to be a part of the Intensive Program?**

The 2024 Intensive Therapy Program application will be available in early fall 2023 for all intensive sessions occurring in 2024. More information to come about the date to submit your application.

Applications will need to have all sections completed and submitted prior to the deadline to be considered for review and acceptance into the Intensive Therapy Program. Applications can be submitted:

- Through the website
- In-person to any center employee during business hours (Monday - Friday, 8 a.m. - 4 p.m.)
- By mail at:

**J.D. McCarty Center**  
**Attn: Roxy Engel**  
**2002 E. Robinson St.**  
**Norman, OK 73071**

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### **What is the cancellation policy?**

The J.D. McCarty Center understands there are limited Intensive Therapy Programs in Oklahoma and the surrounding states and is committed to meeting the need by serving as many children as possible. For optimal success of each child, families are expected to fully participate in each intensive session and carryover recommendations at home between sessions. The center does recognize that unexpected life events and illness occur. Therefore, we will honor the following cancellation time frames:

- 1 month: complete refund of deposit
- 10-15 days prior to start date: 50 percent refund of deposit

### **Is insurance accepted by the J.D. McCarty Center for the Intensive Program?**

While the Intensive Therapy Program is primarily charged out of pocket, the center is actively working with both Medicaid and private insurance companies for Oklahoma residents to utilize prior authorization options for funding. Additional steps are required for insurance funding; if you are interested in pursuing this avenue, please provide information indicated on the application, and a member of the JDMC team will reach out to you regarding next steps.

### **What is the cost of the Intensive Therapy Program if I pay out of pocket, and are there payment plan options available?**

- The out-of-pocket cost due at the time of your first scheduled session is \$6,500.
- The deposit at time of acceptance into the program is \$650.
- The remainder of payment is due in full on the start date of your intensive.

### **Does JDMC offer scholarships?**

The team is actively working toward providing an application-based scholarship fund. More information regarding the scholarship program will be provided as it becomes available.

### **Do I get to pick the dates of my Intensive?**

The J.D. McCarty Center will do the best to accommodate preferences, however not all preferences can be met for every patient. Scheduling will be based on availability, needs of the patient, insurance authorization and then preference.

### **Does JDMC offer feeding therapy as part of the Intensive Program?**

Currently only swallowing therapy utilizing neuromuscular electrical stimulation (Vital Stim) is offered for severe dysphagia as part of the Intensive Program. A certified therapist will help determine whether this is the right intervention for your child.