

TABLE OF CONTENTS

- 3 Letter from director
- 4 Camp costs & sessions
- **5** Camp enrollment process
- **6** Sample schedule
- 7 Health & safety
- 8 Meals, mail & cabin info
- 9 Financial assistance
- 11-17 Registration forms
- 18 Scholarship form
- 19 Benefits of summer camp









OUR MISSION

To enrich the lives of children with special needs by offering a camping experience that will build confidence and a sense of freedom through adventure and exploration of the outdoors.



OUR VISION

To become the preferred camp for children with special needs where all campers, staff and volunteers are valued, hearts are touched and lifelong friendships are created.



We want to thank volunteer Adam Cobble, pictured left, for contributing photos and graphics to this catalog. Adam is a graphic artist and photographer. He has volunteered at the camp since 2013.



This publication was authorized by Vicki Kuestersteffen, director and CEO of the J.D. McCarty Center. One hundred copies have been printed at a cost of \$600 and distributed. Copies of this report have been submitted to the Publications Clearinghouse of the Oklahoma Department of Libraries.



WELCOME TO CAMP!





ear parents and guardians

My name is Bobbie Hunter and this is my fourth summer as director of Camp ClapHans at the J.D. McCarty Center. I am so excited to be a part of the eighth year of Camp ClapHans!

The summer of 2019 was very successful for Camp ClapHans and I can't wait for a whole new adventure in 2020!

Our camp serves children with special needs, ages 8 to 18, who are developmentally, socially and/or physically delayed. Camp ClapHans offers structured and well-thought out programming in order to make an everlasting impression on campers' social. recreational and self-confidence development. We do our best to place campers into sessions with similarly developing peers to encourage social skills, cooperation and self-esteem. If there is a specific week that you would like your child to attend or another camper that your child would like

to have in his/her camp week, please specify this on the camp application.

Camp ClapHans has a 1-to-1 staff to camper ratio, registered dietitians on site to address dietary needs for campers and a physician and nurses available to assist with medical needs. Camp staff members also work with McCarty Center therapists and psychological clinicians to ensure campers' social and emotional needs are being met. Our staff members are typically university students working toward a degree in allied health care fields, education, recreation, nutrition and other related fields. Prior to camp, our staff members attend intensive on-site training. They are trained in first aid/CPR, ADL assisting

techniques, safety guidelines and addressing behaviors.

I am excited to announce that this year's camp theme will be "Out of this World!" I am very excited about the theme and all the activities that will go along with it! I am also happy to announce that some of our most popular evening activities will return, such as the talent show, dance party and stargazing with an astronomy club!

Like previous years, we are offering parents the opportunity to experience a very special part of camp. Wednesday afternoon, prior to the pick-up time, we will wrap up camp with

> an awards ceremony to acknowledge each of our campers with a unique award, specific to his or her talents and personalities. We also will show a video showcasing all of the fun activities at Camp ClapHans!

This summer we are asking for applications to be turned in by March 6, 2020, which will help us place your child into a camp session faster. The full balance for the camp is \$325 and will be due after your child has been placed into a camp session. (That amount could change depending on whether your family receives a scholarship to assist with camp costs).

Secondly, we will not secure your child's place in a session until we have received the full balance for camp and all required vaccination records. <u>Vaccinations are a requirement for kids to attend Camp ClapHans</u>.

Please take a moment to read this catalog where you'll find information about camp sessions, activities for the summer and other details. You also will find our camp registration forms and a scholarship application at the end of this catalog. If you're interested in a scholarship for your child, please fill out the application and send it in before March 20.

If you have additional questions about camp, please contact me at 405-207-2865 or by email at bhunter@jdmc.org.

Sincerely, Bobbie Hunter, Camp Director



CAMP COSTS & SESSIONS

The cost for your child to attend a session at Camp ClapHans is \$325. Scholarships are available to help pay a portion of the camp fee for families who qualify. We ask that families contribute a minimum of \$25 to the cost of camp. More information about scholarships can be found on **Page 18**.

Our summer program consists of four-day, three-night camp sessions for children with special needs. Each session begins Sunday afternoon and ends Wednesday afternoon. Campers stay in cabins located on the J.D. McCarty Center property.

Campers sleep in a wheelchair-accessible, climate-controlled cabin, shared by other campers and counselors. Each camper is assigned to a counselor for the week. The camper/counselor ratio is always 1:1. Camper's medical needs are overseen on-site by nurses. A physician is available should that service be needed.

Camp sessions are limited to 12 campers: Six boys and six girls divided into two cabins.

REGISTRATION

To make sure we will be able to meet each child's needs at camp, we will need to know some information in advance. Please fill out the registration application located in the back of this catalog.

Please submit an application as soon as possible. There are 60 spots available for camp each summer, and the camp fills up fast! We take applications on a first-come, first-served basis.

In order to process a registration application, we will need the application completed in full and the completed scholarship application, if you are applying. Please <u>do not</u> send payment with the application.





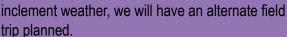
Registration starts Jan. 27, 2020, and applications are due March 6, 2020.

CAMP PROGRAMS

While at camp, kids can try horseback riding, archery, arts and crafts, swimming, games, fishing and canoeing! The fun doesn't stop at dinnertime. During the evening, we will have

talent shows, dance parties, stargazing and more.

At the end of the week, we take our campers on a field trip to a local water park. In case of



CAMP SCHEDULE

We're soaring to new heights this summer with an "Out of this World" camp theme! Camp sessions start on Sundays and end on Wednesdays. Here's our schedule for 2020.



Week 1 — June 14-17 Week 2 — June 21-24 Week 3 — June 28- July 1 Week 4 — July 12-15

Week 5 — July 19-22



CAMP CLAPHANS

ENROLLMENT PROCESS

If your child is able to be placed into a camp session, you will receive an enrollment packet in the mail. The packet must be completed and returned as soon as possible to ensure placement into a camp session. Placement is based on a first-come, first-served basis and meeting the established selection criteria.

- A completed registration application must be sent to the Camp ClapHans office. Please do not send payment at this time.
- A selection committee will review each application and make a determination if the applicant and Camp ClapHans are appropriate for one another.
- The camp director will notify the camper's family of the selection committee's decision.
- An enrollment packet will be sent to the camper's family. Included in this packet will be: release forms; scholarship award information; requests for the camper's physical exam that has been completed in the last year and signed by a licensed physician; the camper's vaccination/immunization records that includes the date of his or her last Tetanus shot: and a copy of the camper's insurance card. Your child's spot in a camp session will not be secured until this information is received.

Please note: Vaccinations are required for campers.

- The completed enrollment packet, along with all supporting documents and payment in full, must be returned to camp staff as soon as possible.
- Once the completed enrollment packet is received, a confirmation letter will be sent to the camper's family with detailed information about the assigned camp session dates

and times. A packing list and any other pertinent information will also be

included.

■ <u>Deadlines</u>: Camp registration begins Jan. 27, 2020. The application deadline is March 6. 2020. If an application is received after March 6. it will not be processed unless there is availability.





Children must have a diagnosis befitting our camp. Campers will be placed into a session by taking into consideration social skills, activity level, sensory needs and developmental age. By doing this, we hope to promote friendship, cooperation and social skills building among campers.

- Children must be between the chronological ages of 8 to 18.
- Children must be socially appropriate, not exhibiting maladaptive behaviors, which warrant removal from a group activity or setting.
- Camp ClapHans is only able to serve a limited number of campers each summer; thus, each application goes through a thorough selection process. All applications undergo medical and behavioral review prior to being approved for camp. Selection of campers is based on a number of factors, including the child's medical history. behavioral history and the child's ability to participate and gain from the camp program.
- Final approval is decided by a committee made up of experienced staff members of various applicable backgrounds. This committee will make determinations based on the above criteria and other information as deemed appropriate.
- The guardians of approved campers will be scheduled for a phone interview to discuss their child and the camp program in more detail. If an application is not selected, we will notify the family as soon as possible.
- At this time, Camp ClapHans cannot accommodate campers with chronic or severe aggressive, disruptive or destructive behavior. To gain the most from our camp program, a camper must be able to follow instructions and adhere to safety rules.



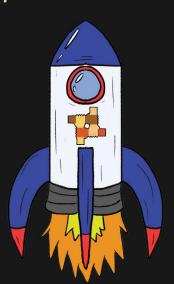
Follow us on Instagram: @campclaphans



Here's the process for checking your camper into and out of camp

Sunday: Parents or guardians will bring their child to camp at the drop-off time provided in the confirmation letter. The camper's family and assigned counselor will accompany the camper through the check-in process, which includes meeting with the camp nurse, dietary staff and psychological clinicians.

After the check-in process, the family is able to leave the camper with the assigned counselor to complete the rest of the evening's activities.



Wednesday: We will host an awards program at 4 p.m. on Wednesday. All campers will receive an award for something they excelled at during camp. Campers will have the opportunity to show their parents around the campground following the awards program.

Everyone should be packed up and headed home by 5 p.m. If you are unable to attend the awards program, please plan to arrive by 4 p.m. on Wednesday to pick up your camper.

SAMPLE SCHEDULE

At Camp ClapHans we follow a routine schedule for activities and meals. Here is what a typical day at camp may look like:

- 8 a.m. Breakfast
- 9 a.m. Horseback riding
- 10 a.m. Archery
- 11 a.m. Canoeing
- 12 p.m. Lunch
- 1 p.m. Downtime to relax
- 2 p.m. Water games
- 3 p.m. Swimming
- 4 p.m. Swimming
- 5 p.m. Arts and crafts
- 6 p.m. Dinner
- 7 p.m. Talent show
- 8 p.m. Showers
- 9 p.m. Stargazing
- 10 p.m. Lights out





COUNSELORS & STAFF

Camp staff are selected for their career goals, experience, maturity and interest in serving kids with special needs.

Prospective staff members are recruited through colleges. universities and schools. Each prospective staff member completes an application with references and agrees to a criminal background check. Staff with direct responsibilities to campers must be 18 or older.

Prior to camp, staff members will attend on-site training sessions. The training includes first aid/ CPR, ADL care, caring for children with special needs, safety and emergency standards, as well as policies and procedures for Camp ClapHans.

Staff members also receive additional training for specific programs, such as archery, canoeing and horseback riding.

Campers are closely supervised at all times with camper to staff ratios of 1-to-1. Camp ClapHans staff members are carefully matched to one camper per week and given pertinent registration information before the camper arrives. This helps the camp staff get to know your child better.



Your camper's safety is our top concern. Camp ClapHans adheres to the safety policies of the J.D. McCarty Center. Here are some of our safety procedures:

- Every night, the main gate into the J.D. McCarty Center is closed and staffed by a security guard.
- Every night, the entry gate to Camp ClapHans is closed.
- Camp ClapHans is staffed by a qualified camp director and nurse 24 hours a day. In addition, a local physician is on call should those services be needed.
- Campers receive a health screening at check-in, where the camp nurse evaluates for illness, injury or communicable diseases, verifies health information and collects all medications.
- Campers will be assisted in taking all medications, including vitamins or topical medications.
- All medications at camp remain locked in the nurse's station and are administered by the camp nurse.

*A note about medication: Medications that are brought







Lost and found items will be collected at the end of each week once campers have left the property. Parents are encouraged to double-check the cabin and activity areas for camper belongings prior to departure on Wednesday.

Parents will be notified about found items that have camper identification. It is the responsibility of the camper's family to retrieve any missing items. Camp ClapHans will not mail lost and found items. Lost and found items will be kept at the J.D. McCarty Center until the first Friday in September. After this date, any unclaimed lost and found items will be donated to the J.D. McCarty Center.



Well-balanced meals are prepared daily by professional cooks and overseen by dietitians from the J.D. McCarty Center. The kitchen staff is well versed in the needs of modified diets, including consistency changes, gluten-free diets and food allergies.

The camp offers three meals a day and frequent snacks from Monday through Wednesday. On Sunday, after registration is complete, dinner is served at 6 p.m.

For kids requiring assistance with feeding, camp staff will be trained to aid these campers. Foods for kids requiring special diets can be brought to camp, however, we do not allow food in the cabins. Therefore, all outside food will be stored in the kitchen.

LAUNDRY

Camp ClapHans does not provide laundry service for individual campers. However, we do clean soiled items when necessary. We do ask campers to bring a laundry bag or a plastic bag with them to camp to use for dirty clothes.



CABINS

Every cabin has central heat and air, bunk beds, storage areas for campers' belongings and a nurse's station.

Cabins also have accessible bathrooms with showers and toilets. Each cabin sleeps six campers and eight staff members. Campers need to bring towels and toiletries with them to camp, as well as their own bedding (sheets, pillows, etc.). A packing list will be provided in the confirmation letter to campers.

MAIL

Some campers love to receive mail. If you would like your child to receive mail at camp, you may leave pre-written mail with the camp staff during check-in.

If you choose to send letters using traditional mail, please ensure that the mail is sent early in order for the camper to receive it during his/her stay at camp. We do not forward mail after the camper has left. The camp mailing address is:

J.D. McCarty Center Attn: Camp ClapHans 2002 E. Robinson St. Norman, OK 73071





REFUND POLICY

Camp ClapHans, as a general rule, does not offer refunds if the camper's attendance is canceled by the family. However, we understand there may be unavoidable circumstances that warrant cancellation.

If the cancellation is for a medical reason, a request for a refund must be submitted in writing, along with any supporting documentation. You may request a refund for a non-medical reason by sending a request in writing detailing the circumstances of cancellation prior to the camper's scheduled session.

Requests for refunds should be sent to:

J.D. McCarty Center Attn: Camp ClapHans 2002 E. Robinson St. Norman, OK 73071

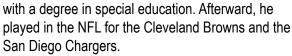
*If a refund becomes necessary, we will require specific personal identification — including the Social Security number of the person requesting a refund — to process the payment.

Due to circumstances beyond our control, such as inclement weather, staffing or safety considerations, certain activities within a session may be canceled or altered from the description in this catalog. In such circumstances, we will have alternative activities, and no refunds will be given.

CAMP NAMESAKE

Camp ClapHans is named in honor of Sammy Jack Claphan, a citizen of the Cherokee Nation and an Oklahoma native.

Sammy Jack played football for the University of Oklahoma and graduated



After retiring from football, Sammy Jack returned to Oklahoma and became a coach and a special education teacher. In 1994, he was inducted into the American Indian Athletic Hall of Fame.

Sammy Jack died in 2001. He was 45.

FINANCIAL ASSISTANCE

Camp ClapHans offers a scholarship program for families. Scholarship awards are based on a sliding scale, and are subject to availability of funds. Scholarships are a way to supplement the amount that a family can afford to pay.

All applications are kept confidential. If you need financial assistance, please complete the scholarship application form, along with the camp registration form.

Applications will be considered by the scholarship committee, and parents/ legal guardians will be notified of the committee's decision.

Only applications with complete information, including the amount of financial aid requested, will be considered.

These scholarships are made possible by camp fundraisers, the J.D. McCarty Center Foundation and generous support from donors.

CONTACT INFO

For more information about camp or registration, please contact Camp Director Bobbie Hunter at 405-307-2865 or email bhunter@jdmc.org.

For information about volunteering at camp, contact Volunteer Coordinator Jennifer Giamelle at 405-573-5342 or email jaimelle@jdmc.org.

IMPORTANT DATES

Please note these deadlines for summer 2020:



Jan. 27 — Camp registration opens. **March 6** — Camp applications and scholarship applications due.

April 10 — All enrollment forms and payment must be submitted. Here are the items needed in the packet:

Vaccines/immunizations record:

documentation of physical exam; insurance card; medication sheet; photo/video release form; authorized release of camper; off-site activities authorization; and camper's shirt size.





Registration application

Please return completed applications to us by:

• Email:

bhunter@jdmc.org

• Fax: 405-307-2801

• Mail:

J.D McCarty Center Attn: Camp ClapHans 2002 E. Robinson St. Norman, OK 73071

This application is meant to assist Camp ClapHans in creating the best possible experience for campers with special needs. Please complete the sections as they apply to your child. Thank you!

Camper nar	me:				
Address:					
				Phone:	
		Ma			
Parent or gu	uardian:				
Email:			_ Campe	er's shirt size:	
Carrier: Name of pri Relationship	mary insured: o to camper:				
Phone:		Date of las	st examinat	tion:	
			an listed at	pove, and someone	who will know how to
Name:			_ Phone:		
Relationship	o to camper:				
Relationship	o to camper:				
Camp sess best to place	ions: Please mar e them in the mos	k all the sessions you st appropriate group o □ June 28- July 1 □ J	r camper is f campers:	available to attend	
For office us	se only:	NRS	PHN	BAL	PSY

Camper's diagnosi	i s: (Che	eck all that may apply	·)			
☐ Asthma	□ Do	wn syndrome	☐ Aut	tism		☐ Cerebral Palsy
☐ Epilepsy	□AD	D/ADHD	☐ Dia	betes: Type I	or II	☐ Heart condition
☐ Asperger's	☐ Blir	nd	☐ Dy	slexia		☐ Traumatic brain injury
☐ Seizure disorder	□ Нур	pertension	□ De	velopmental d	elay	☐ Visual impairment
☐ Deaf	☐ Co	mmunication delay	□ Ob	esity		☐ Learning disability
☐ Spina Bifida	☐ Inte	ellectual disability	☐ He	aring impaired		☐ Muscular dystrophy
☐ Multiple sclerosis	□ Oth	ner				
☐ Spinal cord injury	/: Quadi	riplegic or paraplegic				
☐ Breathing difficult	ties:					
*Trach: Specify type						
*Any important surge	eries, h		dical co	mplications tha		affect the child's camp
Medical information	n:					
Vision						
☐ Sighted/ Normal		☐ Night blindness		☐ Legally bli	nd	
☐ Partially sighted		☐ Color blind				
_ :, :.g						
Hearing						
□ Normal		☐ Partial hearing		☐ Legally de	af	
☐ Normal with aid		☐ Partial hearing w	ith aid	☐ Other		
Communication Is the camper able to help) □ Yes □ No		stand and communic	ate his/	her needs to o	thers?	(Ex. Food, drink, bathroom,
☐ Verbal	☐ Co	mmunication board	□ PE	CS	☐ Ge	stures
☐ Non-verbal	□ Ele	ctronic device	☐ Sig	n language	☐ Oth	ner
If other, please expl	lain:					
Mobility						
Mobility	ooist\	□ \\\\\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\	- n	□ \\/ a a a a a	in magain	wal
☐ Ambulatory (no assist) ☐ Wheelchair- power ☐ Wheelchair- manual ☐ Cane(s) ☐ Walker					Jai	
		☐ waikei				

Seizure activity			
□ None	☐ Petit Mal (absence)	☐ Grand Mal (generalized toni	☐ Complete Partial c/clonic) (staring)
Frequency:		Duration:	
Date of last seizure?	?		
How is the seizure to	reated?		
☐ Regular/schedule	ed meds	ergency meds	□ Both
Please describe the	camper before, during	g and after the seizur	e:
 Transfers			
	☐ Two person	☐ Mechanical lift	☐ Other
☐ Independent	•	☐ One person total	
Adaptive devices			
☐ None	□ AFO's	☐ Leg braces	☐ Prosthesis
☐ Helmet☐ Other☐	☐ Glasses	☐ Hearing aids	☐ Splint
			se special adaptive equipment when child
Other medical items	to be aware of:		
☐ Shunt ☐ Ro	ds 🗆 Other		
Swimming			
•	m with supervision? ur child's swimming ex		, including any required equipment:

Behavior:						
General disposition: (Check all that may apply) ☐ Generally easygoing ☐ Unsure of new situations ☐ Wanders						
☐ Temper tantrums ☐ Shy/withdrawn ☐ Helpful						
Is this your child's first time s	staying away from hom	e?				
What does your child like? V	Vhat is he/she afraid of	?				
In your opinion, what is your	child's developmental	age?				
Diago indicate how often ve	our campar avhibita the	following behaviors	and the concequences			
Please indicate how often yo	our camper exhibits the	e lollowing benaviors	and the consequences.			
Behavior	How many times does behavior occur? Daily or monthly?	What causes behavior?	How do you address this behavior?			
Scratches, pinches or hits self or others						
Bangs head						
Grabs others						
Touches others inappropriately						
Throws things						
Gets into personal belongings						
Runs away						
Climbs on furniture						
Uses inappropriate language						
Spits on others						
Dumps food or liquids						
Strips clothing						
Other						

Personal care int	ormation:						
Eating ☐ No Assist	□ Partial assist	☐ Total assist					
□ 140 A55151	☐ Fartial assist	☐ 10tal assist					
Please describe any assistance required for feeding:							
List adaptive equip	ment needed for fee	eding:					
 Diet							
□ Normal □ C	Chopped food	Blended/ puree 🔲 Dia	abetic				
☐ G-Tube only	☐ G-Tube and or	al foods					
Food allergies or s	pecial dietary needs	:					
		vallowing? □ Yes □					
List any strongly lik	ked or disliked foods						
Toileting							
Bladder control:	☐ No assist	☐ Needs reminder	☐ Occasional accidents				
	☐ Incontinent	☐ Total assist					
Bowel control:	☐ No assist	☐ Partial assist	☐ Total assist				
Please explain hor	me toileting routine:						
Does your child we	ear:						
□ Underwear	☐ Pull-ups	□ Diapers	☐ Pull-ups at night only				
□ Other							
Bathroom aids:							
☐ Urinal	☐ Toilet chair	☐ Catheter	□ Other				
Menstrual care							
☐ Non-applicable	☐ No assist ☐ □	Needs reminder □ Pa	rtial assist				
• • •	assistance needed:						

Washing/ showering
☐ No Assist ☐ Partial assist ☐ Total assist Please describe bathing routine:
Dressing
☐ No assist ☐ Partial assist ☐ Total assist Please describe dressing routine:
Sleeping
Sleep walks? ☐ Yes ☐ No
Needs to be awakened or turned during the night? ☐ Yes ☐ No
Other information :
Medication information:
Does the camper have any allergies? ☐ Medication ☐ Food ☐ Other
If yes, please list:
Does the camper take any medication? ☐ Yes ☐ No
If yes, please list:
The following non-prescription OTC medications may be used on an as-needed basis to manage
illness and injury.
Please check all that apply. Camp ClapHans has permission to give camper the following:
☐ Laxatives for constipation (Ex-Lax) ☐ Aloe vera gel, topical ☐ Calamine lotion, topical
☐ Bismuth Subsalicylate for diarrhea (Pepto-Bismol) ☐ Lice shampoo or cream (Nix or Elimite)
☐ Antibiotic cream, topical ☐ Sore throat spray ☐ Generic cough drops
☐ Diphenhydramine antihistamine/allergy medicine (Benadryl) ☐ Antihistamine/allergy medicine
☐ Dextromethorphan cough syrup (Robitussin DM) ☐ Guaifenesin cough syrup (Robitussin)
☐ Acetaminophen (Tylenol) ☐ Pseudoephedrine decongestant (Sudafed)
☐ Phenylephrine decongestant (Sudafed PE) ☐ Ibuprofen (Advil, Motrin)

Consent:

This health history is correct as far as I know. My child has my permission to engage in all camp activities, including horseback riding, unless exceptions noted:

I give my permission for medications to be administered by the nurse and understand that <u>WRITTEN INSTRUCTIONS ARE REQUIRED</u>. This includes prescription and non-prescription drugs, as well as topical or external applications. Medications are to be labeled and given to the nurse at the start of camp; no medications can be left with your child for self-medication.

In the event of injury, I hereby give permission to the medical personnel selected by the camp staff to order X-rays, routine tests and treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization for my child.

Signature of Parent/ Guardian _		
•		
Date	_	

Note: Parents/guardians, please send a current photo of your child with this application.





Scholarship application

Deadline: March 20, 2020

This application must be filled out completely to be considered. All information is strictly confidential.

Camper name:		Phone:		
Address:	City:	State:	ZIP code:	
Age: Grade:				
You must include a copy o with this application. With	•			•
Total session fee: \$325				
Amount family is able to pay	(Minimum of \$25) \$		_	
Amount of scholarship reque	ested \$		_	
Number of dependents in far	mily: Ages:			
Father/guardian name:		Occupation:		
Mother/guardian name:		Occupation:		
Please explain below why your be considered complete with the considered complete.	ithout this information.)		

BENEFITS OF SUMMER CAMP

Here are some of the rewards that camp can offer kids:



Building friendships and social skills



Developing confidence and resiliency



Physical activity and time spent in nature



Developing independence

Learning the values of leadership



SOURCE: www.ourkids.net

